



## Hard to Reach Populations Teleconference Call

New GoToMeeting Visual and Audio Line – See Email

June 13, 2019 | 10:30 – 11:30 a.m.

Minutes

[www.BuildingBridgesToHealth.org](http://www.BuildingBridgesToHealth.org)

### Welcome & Introductions

- American Cancer Society
- American Diabetes Association
- American Red Cross
- Alzheimer’s Association, Desert SW Chapter
- Area Agency on Aging
- Arizona Alliance for Community Health Centers
- Arizona Commission for the Deaf & Hard of Hearing
- Arizona Department of Health Services (ADHS)
- Asian Pacific Community in Action
- ASU School of Nutrition & Health Promotion
- Catholic Diocese of Phoenix
- Celerion
- Concilio Latino de Salud
- Consulado General de Guatemala en Phoenix
- **Consulado General de México en Phoenix – Leticia Martinez**

### Angela Moreth/All

- **Crisis Response Network – Shakira Pipher**
- Donor Network of Arizona
- Empty Bowl Pet Pantry
- **First Things First – Sherry Collins**
- Keogh Health Connections
- March of Dimes
- **Muhammad Ali Parkinson Center – Gloria Chavez**
- Native Health
- Phoenix Rescue Mission
- The Arizona Partnership for Immunization (TAPI)
- **The Centers for Habilitation (TCH) – Bert Diehl**
- **Maricopa County Department of Public Health (MCDPH) – Jhoana Molina, Angela Moreth**
- Shared Knowledge

### Excessive Heat Warning

- Statistics and dangers
- Resources
  - News of the first heat death recently
  - What you see right now is a heat report our Office of Epidemiology checks <https://www.maricopa.gov/ArchiveCenter/ViewFile/Item/4677> Preliminary 2018 report
  - Heat deaths increasing rapidly since 2001
  - Heat deaths also happen indoors – in 2011, almost half heat deaths occurred indoors
  - One theory on the increase in heat deaths is that more people are moving to Maricopa County now than ever, if they’re from out of town they may not be used to how extreme the heat is here
  - We’re in a heat warning right now

**Jhoana Molina** – Media & Community Relations Coord., MCDPH

- Recommendations to drink plenty of water BEFORE YOU GET THIRSTY; fans can dehydrate you, go indoors to air-conditioned location; wear sunscreen, hats; NEVER leave kids or pets inside; check on neighbors if they don't have A/C
- We work closely with Maricopa Associate of Governments, they put together a map of emergency refuge locations  
<https://azmag.maps.arcgis.com/apps/MapSeries/index.html?appid=be7634cb523d4c048106890c98dc3a75>
- Visit [www.heataz.org](http://www.heataz.org) or [www.caloraz.org](http://www.caloraz.org) our resource site with basic tips, how to identify heat illnesses like heat stroke vs exhaustion or cramps
- There are plenty of public locations like libraries, malls with a/c
- Also the summer food buddies locations are a place of refuge  
<https://maricopacounty.github.io/summer-food-program/>
- From May-Sept is when we see the most heat deaths

### **Hepatitis A Outbreak**

**Sarah Scott** – Epidemic Intelligence Service Officer, Assigned to Maricopa County

- Statistics and who is at risk
- What is Public Health doing?
  - [It is a very contagious viral infection of the liver](#)
  - People feel terrible, fatigue, jaundice, vomiting, diarrhea
  - Part of the problem controlling it, is that the time someone is infectious to when they show symptoms is very long, can be two weeks to a couple months
  - Symptoms: pretty nonspecific, but later on become jaundiced, upset stomach
  - People who get it are infectious for about two weeks before showing symptoms, to one week after
  - Spread by fecal oral route – not washing hands, sex with infected patients, eating contaminated food (usual suspect), using drugs
  - In this outbreak, the population affected are people experiencing homelessness or unstable housing, or using drugs – have trouble accessing washing facilities
  - Hand sanitizer isn't effective against Hep A
  - Beyond washing your hands, vaccination is the best way to prevent Hep A
  - In 2018 ACIP recommended that all persons over age 1 and experiencing homelessness get the vaccine
  - Recent National outbreaks – started in 2016 nationally, San Diego County, California first one
  - Since 2016, 19,000 cases, 189 deaths

- Newest outbreak states: Idaho, Colorado, Arizona
- Since Nov 2018, AZ has had 353 cases – 2 deaths so far (none in Maricopa County)
- Statewide, 8 counties are affected, bulk of people in Maricopa County and Pima County
- Started in AZ around Thanksgiving in 2018
- Maricopa County case count in 2019 is 158 (each year we usually have 10-15 cases) so this number is wildly out of proportion to what we usually see
- 22 of the cases have no known risk factors (14%) in Maricopa County – individuals who aren't homeless, don't use drugs, were not incarcerated – so 1 in 6 has NO known risk factors
- We have a lag time for when we can fully identify cases
- [www.mcHepA.org](http://www.mcHepA.org) for our website with outbreak info
- In our county, 59% report unstable housing; 80% illicit drug use; 54% incarcerated (in jail/prison) in the last year
- 83% of our cases have been hospitalized which means these cases are severe
- San Diego Health spent \$12 million on the response effort and vaccinations – once they started the vaccinations, the cases dropped dramatically
- Other issue with Hep A especially in Maricopa County- it is not cheap to be hospitalized; average of \$25,000 was incurred with these individuals – cost to hospital insurance plans, individuals with it unlikely to be insured; Hep A vaccine costs \$36 per dose
- MCDPH doing a lot of vaccine outreach – vaccinating jail inmates in 3 phases over 8-9 months
- Community partners – event strike teams 10,880 vaccines total
- Encampment strike teams – 5440 vaccines total; working with fire departments
- **Volunteer to be a vaccinator if qualified OR a screener – email [outbreak@maricopa.gov](mailto:outbreak@maricopa.gov) for more information**
- Hope to end this outbreak within 8-9 months
- Are we required to have a Hep A vaccine in general? I believe in 1996, Arizona started vaccinating children for Hep A – saw outbreaks in child care center; it isn't routine vaccine for adults
- Men who have sex with men are another at risk group, but we aren't locally seeing them in our outbreak with the illness
- We have infographic on Hep A – targeted more for the at-risk populations we're talking about
- In general, the outbreak is not affecting the full community, just the populations we're seeing

## **We Share the Knowledge**

**David Aguirre** – Director of Programs

- What is this non-profit and what resources are available
  - Agency been around for 3 years
  - Immigration of new commerce from any other country to the US
  - Focus on education from finance to the law, getting ahead through education or any other ways that people can start their own business if they need to
  - Resources for people wanting new life in the U.S.
  - Usually they come here legally, but then they are on their own, we try to educate them, so they can lead a better life in the US
  - We have classes, yoga, every Wednesday 7-9pm have a free class as well for people to focus on why they are here in the US
  - We have resources, lawyers we can refer them to, partnerships with non-profits we can refer them to
  - They might have questions about immigration, or getting their parents here
  - We have a platform for non-profits to present what they're doing to the community we serve
  - On the free Wednesdays, we broadcast the topic we're covering on Facebook live <https://www.facebook.com/We-Share-Knowledge-523379171376255/>
  - [www.wsknow.org](http://www.wsknow.org)
  - Founders of the agency and myself are very happy to be part of this group, please let us know how we can all work together

## **Expo Registration open – about to close!**

**Jhoana Molina** – MCDPH

- **Expo Sept 21, 2019, 9am-3pm**
  - Preparedness & Wellness components for hard to reach populations
  - Please register [jhoana.molina@maricopa.gov](mailto:jhoana.molina@maricopa.gov) if you haven't yet!

## **Questions & Announcements**

**Open to All**

- **Back To School Event – Jhoana Molina**
  - Partnering with Univision
  - June 29 at Desert Sky Mall 75<sup>th</sup> Ave and Thomas, 9am-12pm
  - We will do immunizations and administering the Community Health Assessment

- Families who need vaccinations – please come to the event BEFORE school starts
- If you wait until the last few weeks before school in July, our [immunization clinics](#) are packed
  
- **FREE Oral Health Screenings** from MCDPH @ Mexican Consulate 2019
  - Your teeth can affect the overall health of your body!
  - Free oral health screenings & fluoride varnish for children 0 to 5 years old &
  - Free oral health screenings for pregnant women
  - **EVERY FRIDAY** 8am-1pm at the Mexican Consulate office At 320 E. McDowell, Phoenix, AZ 85004 **\*\* NOT Sept 13 or Nov 25**
  - You do not need to make an appointment or have insurance
  - All are welcome – it is not only for Mexican nationals
  - Brought to you by [www.firstteethfirst.org](http://www.firstteethfirst.org)
  - [www.somosaludpublica.org](http://www.somosaludpublica.org) where we post info like the screenings
  - [www.maricopa.gov/documentcenter/view/8527](http://www.maricopa.gov/documentcenter/view/8527)
  
- **FindHelpPhx @ Mexican Consulate:**
  - 1<sup>st</sup> & 3<sup>rd</sup> Mondays of the month / 10am-12pm at the Consulate
  - [www.findhelpphx.org](http://www.findhelpphx.org) / [www.encuentraayudaphx.org](http://www.encuentraayudaphx.org)
  - Any questions you may have for our MCDPH program Find Help Phoenix which provides resources for free or almost-free resources in the community
  
- **Free Summer Meal Program**
  - Text FOOD to 877-877 (COMIDA in Spanish) to get locations close to your zipcode
  - Each location has different hours and times
  - <https://maricopacounty.github.io/summer-food-program>
  
- **Community Health Assessment survey**
  - Closes June 30- survey to help us plan the next few years' priorities for the health department
  - English and Spanish
  - Please help us by taking the survey yourself, and sharing with people you know
  - [www.maricopahealthmatters.org](http://www.maricopahealthmatters.org)
  - Everyone 14 years of age or older encouraged to take it
  - We need as many people as possible, especially diverse or minority populations – we need to address the health needs of EVERYONE

- Thanks to all of you who have helped us get the survey out!

**Visit our Websites and Social Media:**

- English ([www.wearepublichealth.org](http://www.wearepublichealth.org))
- Spanish ([www.somossaludpublica.org](http://www.somossaludpublica.org))
- Spanish Twitter <https://twitter.com/SaludMaricopa>
- English Twitter [www.twitter.com/MaricopaHealth](http://www.twitter.com/MaricopaHealth)
- Website for this group: <https://buildingbridgestohealth.org/> – keep an eye on this for minutes and flyers from the calls!
- Find Help Phoenix: [www.findhelpphx.org](http://www.findhelpphx.org) / [www.encuentraayudaphx.org](http://www.encuentraayudaphx.org)

**Adjourn – The next teleconference will be held on June 27, 2019 10:30-11:30AM**

**All minutes are posted by date in both the *Calendar* and the *Library* pages of the website [BuildingBridgesToHealth.org](http://BuildingBridgesToHealth.org) (website dedicated to our group)**